VILLA PHYSIO
THE HEALING HOUSE

0704 986 312
0703 279 846
INFO@THEVILLAPHYSIO.COM
WWW.THEVILLAPHYSIO.COM
P.O. BOX 2032-00502
KAREN - NAIROBI
117 NANDI RD
KAREN,NAIROBI



VILLA PHYSIO INTERNATIONAL VOLUNTEER PROGRAMME

Physiotherapy placements in Nairobi, Kenya | 3 – 6 months |

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PROGRAM OVERVIEW

Gain clinical experience. Serve a community. Experience Kenya.

Villa Physio invites qualified physiotherapists from around the world to join our clinic in Nairobi, Kenya, as international volunteers for placements of three to six months. This programme offers overseas physiotherapists the opportunity to gain hands-on clinical experience within a Kenyan rehabilitation setting, work alongside our local team, and contribute to patient care in a dynamic and diverse community. Volunteers are immersed in day-to-day clinical practice — assessing and treating patients, supporting rehabilitation programmes, and sharing skills and perspectives with our staff.

Villa Physio provides free transportation to the clinic, structured supervision, mentorship, and a supportive environment in which volunteers can broaden their clinical experience, deepen their understanding of global physiotherapy practice, and build meaningful professional and personal connections in Kenya. Accommodation is not provided — volunteers are responsible for arranging their own accommodation.

The programme is designed as a service-based volunteer placement: participants contribute their time and skills, and no salary is provided.

WHAT YOU'LL DO

- Assess and treat patients alongside our clinical team
- Support rehabilitation programmes and share your expertise
- Immerse yourself in Kenyan physiotherapy practice and community life

WHAT VILLA PHYSIO PROVIDES

✓ **Free transportation to the clinic**
✓ **Structured clinical supervision and mentorship**
✓ **Orientation to the clinic and local context on arrival**

WHO WE'RE LOOKING FOR

- Qualified, licensed physiotherapists from any country
- A recognized physiotherapy qualification and current registration/licensure in your home country
- Relevant clinical experience and sound professional judgement
- Strong communication and teamwork skills; adaptability and cultural sensitivity
- Commitment to the full agreed placement period (3–6 months)
- Proficiency in English (the working language of the clinic)

WHAT TO SUBMIT

✓ Completed application form and CV
✓ Proof of physiotherapy qualification and current licensure/registration - A short statement of interest outlining your experience, motivations, and preferred placement dates
✓ Two professional references

GOOD TO KNOW

- Volunteers cover their own travel, visa, and living costs (accommodation, meals, personal expenses)
- Please confirm your Kenyan visa/permit eligibility for volunteer activity before arrival — we can advise
- Placements are confirmed on a rolling basis

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FREQUENTLY ASKED QUESTIONS

Is this a paid position?
No. This is a service-based volunteer placement. Volunteers contribute their time and skills, and no salary is provided. In return, Villa Physio provides transport to the clinic and provides supervision and mentorship.

How long are placements?
Placements run for 3 to 6 months. Preferred dates are discussed during the application process, and placement lengths are agreed in advance.

Is accommodation provided?
No — accommodation is not provided. Volunteers are responsible for arranging their own accommodation for the duration of the placement. Transportation to the clinic is provided free of charge. Meals and personal expenses are the volunteer's responsibility.

What costs am I responsible for?
Volunteers cover their own travel to and from Kenya, visa/permit fees, and living costs such as accommodation, meals and personal expenses. Clinic transport is provided by Villa Physio.

Do I need a visa or work permit?
Yes — you'll need the appropriate Kenyan visa/permit for volunteer activity. Requirements vary by nationality, so please confirm your eligibility before arrival. Villa Physio can advise on the process.

What are the qualification requirements?
You should hold a recognized physiotherapy qualification and current registration/licensure in your home country, with relevant clinical experience and sound professional judgement. Proficiency in English is required.

Can students apply?
No — this programme is open only to qualified, licensed physiotherapists. Students are not eligible to apply.

What supervision and support will I receive?
Volunteers receive structured clinical supervision and mentorship from our team, plus orientation to the clinic and local context on arrival.

What is the working language?
English is the working language of the clinic.

What insurance do I need?
Volunteers must hold their own personal travel/health insurance and professional indemnity cover for the duration of the placement.

How do I apply?
Submit the application form, your CV, proof of qualification and licensure, a short statement of interest, and two professional references. Placements are confirmed on a rolling basis.

Who can I contact with questions?
Alice
www.thevillaphysio.com
volunteer@thevillaphysio.com
+254 704 986 312 ·
+254 703 279 846